

# COACH AND MENTOR PRACTITIONER DIPLOMA

## Taking coaching and mentoring to the next level

This programme is designed for professional coach/mentors with a growing client base, and for in-house coach/mentors who wish to take their competence and qualification to the next level.

The Quiver Management Practitioner Diploma is accredited by the European Mentoring and Coaching Council (EMCC) at Practitioner level, so participant will receive an internationally recognised qualification upon completion of the course.

## High quality, efficient and effective training design

The Quiver Management Practitioner Diploma is designed to be efficient and effective in meeting EMCC's standards through minimising any duplication of prior learning, focusing on developing competence rather than theory and ensuring that there is plenty of feedback on performance.

The programme uses a mix of communication methods, including three workshop days, webinars, social media, emails and phone calls, to optimise learning and support. Online communication methods are used to minimise participants' travel, subsistence and time costs and to allow flexibility in delivery.

## Participants will learn

- Contracting with a range of different clients, line managers and sponsors to create clear boundaries manage expectations and maximise productivity
- The principles of coach/mentoring to provide a framework with which to fine tune their own style of coach/mentoring using Continuing Professional Development (CPD) and reflective practice
- How to engage coachee's development and results
- Methods for mapping the coachee's information

- Excellence and precision in questioning
- The application of a number of models behaviour to begin the creation of a broad toolkit to suit many different people and situations
- About their own boundaries of coaching competence
- To get the best from supervision coachees' interests and skills.

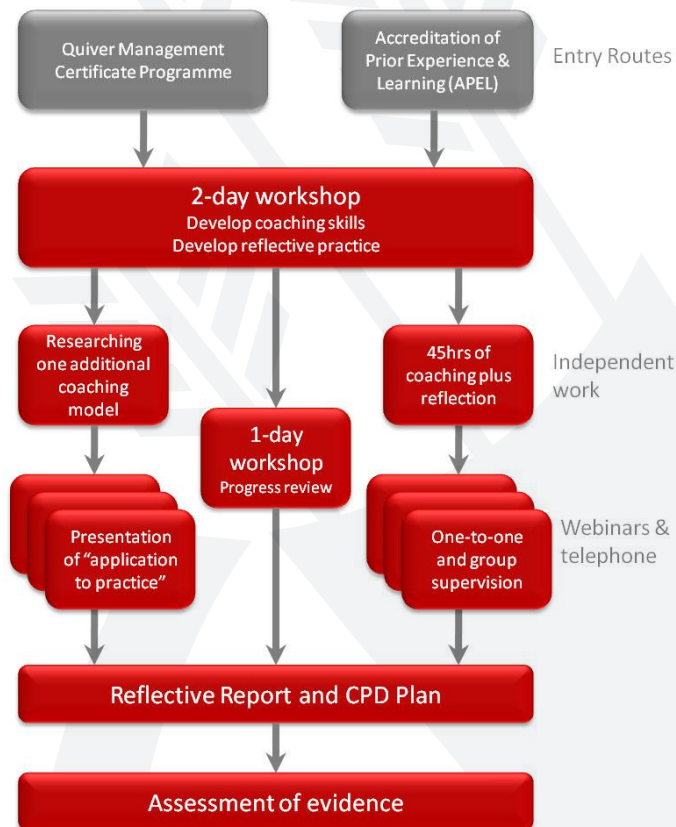
## Programme benefits

- Broadening of knowledge, skills and experience to effectively handle a wide range of coaching and mentoring scenarios with confidence
- Optimised use of participants' time and efforts to complete the programme
- Designed to meet internationally recognised accreditation standards of professional body for coaching and mentoring
- Extensive supervision and
- Encourages development of a personal style
- Develops life-long learning
- Delivered by highly regarded and qualified mentors.

## Commitment

The total commitment expected to successfully complete this programme is 130 hours over a 6 month period.

Total	130 hrs
Skills Practise	50 hrs
Reflection & Review	33.5 hrs
Theory & Models	33.5 hrs
Planning & Organising	13 hrs



### Entry requirements

Participants must have completed Quiver Management's coaching and mentoring Certificate programme prior to starting this Diploma programme. Alternatively, participants, who can demonstrate they have the knowledge, competencies and experience equivalent to Quiver Management's coaching and mentoring Certificate programmes, may also be allowed directly onto the Diploma programme. For this purpose Quiver Management has designed a QM APEL (Accreditation for Prior Experience and Learning) route, through which participants are supported to make a case for meeting the entry standards.

### Two workshops to enhance and expand skills

The development journey starts with a 2-day workshop. These two days will take participants to the next level in coaching by enhancing their core skills and expanding their coaching and mentoring toolset. The cohort meets again half-way through the programme for a third workshop day. The day is designed around the course participants' needs and experiences, and is an opportunity to review progress on coaching practice and research.

### Researching an additional coaching model

The programme encourages the participants to develop their own style and toolset. As part of knowledge development, each delegate will research an additional model of their own choosing to enhance their coaching e.g. Solutions Focus, Non-Violent Communication, Positive Psychology, Gestalt etc.

Each delegate will present their model on one of three Webinar sessions to demonstrate their ability to translate theory into applied learning, and so the cohort may also benefit by learning about a number of different models.

### Coaching practice to embed learning

Following the first workshop, 45 hours of coaching skills practice is required with at least 5 people (Quiver Management will be able to help find coachees if required) together with effective reflections to show on-going learning and developing self-awareness.

Supervisory support will be provided throughout including group and one-to-one sessions via webinar and telephone. A 20-minute recording from one of the coaching sessions will provide the basis of some detailed supervision to help develop expertise in reflective practice.

### Supported to meet Practitioner standards

The final portfolio of evidence must demonstrate competence in both skills and knowledge, to meet the EMCC Competence standards at Practitioner level. Online anonymous feedback from the 5 coachees will form part of this evidence.

Participants will be supported to meet these standards and any shortfalls identified through the programme will be highlighted and methods identified to address any gaps in competencies.

### Contact details

For more information or to make an appointment, please contact:

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