

# Coach and Mentor Practitioner Diploma

## Taking coaching and mentoring to the next level

This programme is designed for professional coach/mentors with a growing client base, and for in-house coach/mentors who wish to take their competence and qualification to the next level.

The Quiver Management Practitioner Diploma is accredited by the European Mentoring and Coaching Council (EMCC) at Practitioner level, so participant will receive an internationally recognised qualification upon completion of the course.

## High quality and effective training design

The Quiver Management Practitioner Diploma is designed to be efficient and effective in meeting EMCC's standards through minimising any duplication of prior learning, focusing on developing competence rather than theory and providing comprehensive support.

The programme uses a mix of communication methods, including three workshop days, webinars, social media, emails and phone calls, to optimise learning and support. Online communication methods are used to minimise participants' travel, subsistence and time costs and to allow flexibility in delivery.

## Participants will learn

- Contracting with a range of different clients, line managers and sponsors to create clear boundaries, manage expectations and maximise productivity
- How to engage coachee's motivation to maximise development and results
- Methods for mapping the coachee's information
- Excellence and precision in questioning for person centred coaching
- The application of human behaviours models to create a broad toolkit to suit many different people and situations
- About their own boundaries of coaching competence

- A framework with which to fine tune their own style of delivery using reflective practice and Continuing Professional Development (CPD)
- How to ensure continuous professional development through reflective practice and supervision

## Programme Benefits

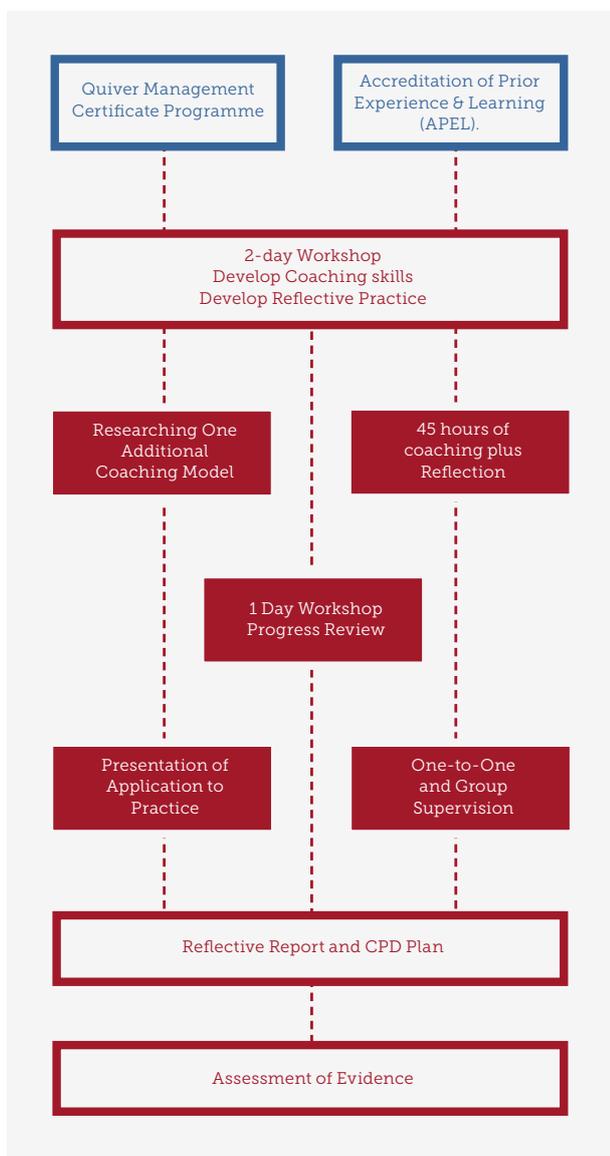
- Broadening of knowledge, skills and experience to effectively handle a wide range of coaching and mentoring scenarios with confidence
- Optimised use of participants' time and efforts to complete the programme
- Designed to meet internationally recognised accreditation standards of professional body for coaching and mentoring
- Extensive, support supervision
- Encourages development of a personal style
- Develops life-long learning
- Delivered by highly regarded and qualified mentors

## Commitment

The total commitment expected to successfully complete this programme is 130 hours over a 6 month period.

Skills Practise	50 Hours
Reflection and Review	33.5 Hours
Theory and Models	33.5 Hours
Planning and Organising	13 Hours
<b>Total</b>	<b>130 Hours</b>

*This programme is accredited by the European Mentoring and Coaching Council, the leading professional body for coaching and mentoring in Europe, at Practitioner Level.*



## Entry Requirements

- i. Participants must have completed our coaching and mentoring Certificate programme prior to starting this Diploma programme. Alternatively, participants, who can demonstrate they have the knowledge, competencies and experience equivalent to our coaching and mentoring Certificate programme, may also be allowed directly onto the Diploma programme.
- ii. For this purpose, we have designed a QM APEL (Accreditation for Prior Experience and Learning) route, through which we support participants to make a case for meeting the entry standards.

## Two Workshops to Enhance and Expand Skills

The development journey starts with a 2-day workshop. These two days will take participants to the next level in coaching by enhancing their core skills and expanding their coaching and mentoring toolset. The cohort meets again half-way through the programme for a third workshop day. The day

is designed around the course participants' needs and experiences, and is an opportunity to review progress on coaching practice and research.

## Researching an Additional Coaching Model

The programme encourages the participants to develop their own style and toolset. As part of knowledge development, each delegate will research an additional model of their own choosing to enhance their coaching e.g. Solutions Focus, Non-Violent Communication, Positive Psychology, Gestalt etc.

Each delegate will present their model on one of three Webinar sessions to demonstrate their ability to translate theory into applied learning, and so the cohort may also benefit by learning about a number of different models.

## Coaching Practise to Embed Learning

Following the first workshop, 45 hours of coaching skills practise is required with at least 5 people together with effective reflections to show on-going learning and developing self-awareness.

Supervisory support will be provided throughout including group and one-to-one sessions via webinar and telephone. A 20-minute recording from one of the coaching sessions will provide the basis of some detailed supervision to help develop expertise in reflective practise.

## Supported to Meet Practitioner Standards

The final portfolio of evidence must demonstrate competence in both skills and knowledge, to meet the EMCC Competence standards at Practitioner level. Online anonymous feedback from the 5 coachees will form part of this evidence.

Participants will be supported to meet these standards and any shortfalls identified through the programme will be highlighted and methods identified to address any gaps in competencies, giving participants every opportunity to succeed.

## Contact Details

For more information please contact Nick Howell or Jan Bowen-Nielsen on:

**0333 123 2002** or  
[training@quivermanagement.com](mailto:training@quivermanagement.com)

## About Quiver Management



*"In my work helping leaders grow their businesses, their teams and themselves, I've seen the difference that high quality coaching and leadership development can make. It never fails to inspire me."*

**Jan Bowen-Nielsen**  
Owner, Managing Director

### Executive and Business Coaching

Quiver Management provides executive and business coaching services to senior executives in large multinational corporations, professional services firms and public sector organisations as well as high growth business owners. We help them grow their businesses, improve their team's performance and increase their own effectiveness and impact.

### Leadership and Management Development

We provide tailored training and development for senior executives and high growth business owners, ranging from short courses to accredited qualifications. The training will equip leaders with a strong set of practical knowledge and tools to lead their organisations and grow their businesses successfully.

### Coaching and Mentoring Training

Quiver Management is a specialist in coaching and mentoring training. Our comprehensive programme ranges from one-day mentor training, to internationally recognised qualifications and coaching culture change initiatives.

### Leading Change and Performance Improvement

We are experts in change leadership with a long successful track record of supporting organisations through transformation. We help create change and performance improvement at individual, team and organisational levels through executive coaching, team development, staff engagement, workshop facilitation and change management consultancy.

### High Quality Team of Coaches and Trainers

Our team of 19 coaches and trainers come from successful senior leadership and professional backgrounds spanning start-up businesses to senior executive careers with blue-chip corporates and professional firms.

### Impressive Track Record and Reputation

You can trust the quality and integrity of our team and our services.

Quiver Management holds three European Quality Awards and all our coaches are qualified with professional coaching bodies. We are an Approved ILM Training Centre and we are a corporate member of EMCC. We adhere to their Code of Ethics and we are highly active in supporting EMCC's work to create high professional standards in the coaching and mentoring industry.

Founded in 2002, we have built a successful track record with an impressive list of clients from start-ups through to large international corporations and professional bodies. Visit our website to see more about what we do, who we work with and our clients' feedback.

